



The Catholic Women's League of Canada
London Diocesan Council



To: All London Diocesan Presidents and Spiritual Development Chairs
CC: London Diocesan Council; OPC Spiritual Development Chair, Emma Rose Rayburn
From: Mary Lappan, Second Vice-President
Date: January 2020

Directive # 10

“Arise, shine, for your light has come” Isaiah 60:1-2

Greetings to all my CWL sisters,

Happy New Year! I hope everyone had a blessed Christmas season with family and friends. Now that the holidays are over it's time to get back to work. January is the month for making resolutions and a good one for 2020 would be to increase your prayer life to become closer to God. This can be done in a variety of ways: going to Mass more often, praying the rosary daily, joining a prayer group or just spending some quiet time with God daily. Whatever you choose, remember to pray for world peace. The Week of Prayer for Christian Unity is January 18th to January 25th, 2020. You can search the internet and find a variety of activities and prayers devoted to this week. Try to include some in your monthly meeting.

Important feast days for January:

January 1 – The Solemnity of Mary, Mother of God	January 7 – St. Andre Bessette (Brother Andre)
January 12 – St. Marguerite Bourgeoys	January 24 – St. Francis de Sales
January 25 – The Conversion of St. Paul	January 27 – St. Angela de Merici
January 28 – St. Thomas Aquinas	January 31 – St. John Bosco

Lent begins on Ash Wednesday, February 26th. Our annual Lenten Retreat will be held at St. John the Divine Church in London on Saturday, February 29th. Please try to attend. It's a great way to celebrate Leap Year day.

At last count our Diocese lost 216 members in 2019, so once again please send in the names of your deceased members as soon as possible so they can be included in our Diocesan Book of Life.

Blessings,
Mary Lappan



Environment Care